

# Webinar Quiz

January 2017

## 10 Tips to Improve Your Fitness Business and Yourself

<https://attendee.gotowebinar.com/register/1407688623714165250>

It is a new year and you want to start off your fitness business with a new plan. Well don't just focus on improving fitness programs or classes; focus on improving yourself as well. Join us while we discuss 10 tips that will help you improve your business.

The webinar will be hosted by Mark S. Cassidy, MS. Mark has been involved with the Fitness Industry for over 25 years; serving in such positions as Fitness Director, Strength & Conditioning Coach and Facility Director. He has been teaching and administering programs with the World Instructors Training Schools since 1999.

**CEC Quiz:** <https://www.surveymonkey.com/r/DVV3GV2>