



# The Connection

**for Women and Families**

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World Instructor Training School  
206 76<sup>th</sup> Street, Suite A  
Virginia Beach, VA 23451

Dear WITS:

My name is Gary McGrane. I am the director of a small fitness center in central New Jersey.

In the past you have been kind enough to provide me with a list of recent WITS graduates in my area. We currently employ 4 personal trainers certified by you. As we are looking to expand our team, your help would be truly appreciated. Thank you.

Sincerely,

Gary McGrane  
Fitness Center Director

*Programs with children in mind, and community at heart*