

Mitt Monsters, LLC
BOXING RESISTANCE FITNESS TRAINING
WWW.MITTMONSTERS.COM
NEFTALIA@MITTMONSTERS.COM



Hello,

My Name is Neftalia Boone, Owner/ Lead Trainer of Mitt Monsters, LLC. I've been in the fitness industry for over 10 years with plans of continuing for many more. I currently hold several personal training certifications along with being a USA Amateur Boxing Coach. The Fitness Industry really helped change my life, physically, mentally, and spiritually. I'm a firm believer in knowing one's self, in order to gain the full capabilities we all were created to perform.

Now to the Great part. In order to Master anything first you must Study. So, why not study from the Best Fitness Professionals in the game. In my honest opinion, W.I.T.S are the Best Fitness Educators in this industry, simply because you have to perform to get certified. It's that simple. Once you've completed classroom hours, practical hours and 30 hours internship, you have a tremendous advantage above those who gained their certifications through home study programs.

I've been in this Industry long enough to witness those who hold these so Called Big time certifications, and are still lacking the educational tools needed to perform at a Professional Level. W.I.T.S has giving me the tools I've needed, not only to have become a very knowledgeable trainer, but also to provide Our Team with the proper study materials to become Masters. We're on our way. Thanks W.I.T.S

Sincerely,
Neftalia A. Boone

Mobile: 301-803-9879/Office: 240-294-7238
STAY FOCUSED AND YOU CAN HIT YOUR TARGET!