

CERTIFICATION	COST	CORE HOURS	RETEST	PRACTICAL HRS	INTERNSHIP	WRITTEN	PRACTICAL	WRITTEN FORMAT	\$\$ TESTING	PRE-REQUISITE	DAYS TAUGHT	TEXTBOOK INCLUDED	ACE Recognized	IACET Recognized	BOC Recognized	AOTA Recognized	Veteran's Training
W.I.T.S.	\$599.00	18	\$50	18	YES	YES	Y (1 on	Final Week	Include	HS/GED	12	NO	YES	YES	YES	YES	YES
AAAI / ISMA	\$99.00	5	\$20	3	NONE	Y	Y	Final Day	Included	N	1	N	N	N	N	N	N
ACE	\$219.00	Home Study	\$135	Home Study	NONE	Y	N	Test Center	Not Included	N	Home Study	N	N	N	N	N	N
ACSM	\$520.00	Home Study	\$150	Home Study	NONE	Y	Y	Test Center	Included	Y	3	N	N	N	N	N	N
AFFA	\$469.00	3 Day	\$75	Seminars	NONE	Y	Y (group)	Final Day	Included	Y	3	N	N	N	N	N	N
AFPA	\$370.00	Home Study	0	Home Study	NONE	Y	N	Open Book	Included	N	Home Study	Y	N	Y	N	N	N
COOPER	\$525.00	30	\$195	12.5	NONE	Y	Y	Test Center	\$250.00	Y	4	N	N	N	N	N	N
IFPA	\$399.00	Home Study	\$79	Home Study	NONE	Y	Y	Test Center	Included	Y	2	Y	N	Y	N	N	N
ISSA	\$620.00	Home Study	0	Home Study	NONE	Y	Y	Final Day	Included	N	Home Study	Y	N	N	N	N	N
NASM	\$799.00	Home Study	\$99	Home Study	NONE	Y	N	Test Center	Included	N	Home Study	Y	N	N	N	N	N
NFPT	\$450.00	Home Study	\$20	Home Study	NONE	Y	N	Test Center	Included	N	Home Study	Y	N	N	N	N	N
NSCA	\$330.00	Home Study	\$185	Home Study	NONE	Y	N	Test Center	Included	N	Home Study	N	N	N	N	N	N

W.I.T.S.	World Instructor Training Schools
ACE	American Council of Exercise
ACSM	American College of Sports Medicine
AFAA	Aerobic & Fitness Association of America
AAAI/ISMA	American Aerobic Association International / International Sports Medicine Association
AFPA	American Fitness Professionals and Associates
COOPER	Cooper Institute for Aerobic Research
IFPA	International Fitness Professionals Associations
ISSA	International Sports Science Association
NAFC	National Association for Fitness Certification
NASM	National American Sports Medicine
NFPT	National Federation of Personal Trainers
NSCA	National Strength & Conditioning Association