

CERTIFICATION	COST	CORE HOURS	RETEST	PRACTICAL HRS	INTERNSHIP	WRITTEN	PRACTICAL	WRITTEN FORMAT	\$\$ TESTING	PRE-REQUISITE	DAYS TAUGHT	TEXTBOOK INCLUDED	ACE Recognized	IACET Recognized	BOC Recognized	AOTA Recognized	Veteran's Training
<b>W.I.T.S.</b>	<b>\$499.00</b>	<b>18</b>	<b>\$50</b>	<b>18</b>	<b>YES</b>	<b>YES</b>	<b>Y (1 on 1)</b>	<b>Final Week</b>	<b>Included</b>	<b>HS/GED</b>	<b>12</b>	<b>NO</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>	<b>YES</b>
AAAI / ISMA	\$99.00	5	\$20	3	NONE	Y	Y	Final Day	Included	N	1	N	N	N	N	N	N
ACE	\$219.00	Home Study	\$135	Home Study	NONE	Y	N	Test Center	Not Included	N	Home Study	N	N	N	N	N	N
ACSM	\$520.00	Home Study	\$150	Home Study	NONE	Y	Y	Test Center	Included	Y	3	N	N	N	N	N	N
AFFA	\$469.00	3 Day	\$75	Seminars	NONE	Y	Y (group)	Final Day	Included	Y	3	N	N	N	N	N	N
AFPA	\$370.00	Home Study	0	Home Study	NONE	Y	N	Open Book	Included	N	Home Study	Y	N	Y	N	N	N
COOPER	\$525.00	30	\$195	12.5	NONE	Y	Y	Test Center	\$250.00	Y	4	N	N	N	N	N	N
IFPA	\$399.00	Home Study	\$79	Home Study	NONE	Y	Y	Test Center	Included	Y	2	Y	N	Y	N	N	N
ISSA	\$620.00	Home Study	0	Home Study	NONE	Y	Y	Final Day	Included	N	Home Study	Y	N	N	N	N	N
NASM	\$799.00	Home Study	\$99	Home Study	NONE	Y	N	Test Center	Included	N	Home Study	Y	N	N	N	N	N
NFPT	\$450.00	Home Study	\$20	Home Study	NONE	Y	N	Test Center	Included	N	Home Study	Y	N	N	N	N	N
NSCA	\$330.00	Home Study	\$185	Home Study	NONE	Y	N	Test Center	Included	N	Home Study	N	N	N	N	N	N

<b>W.I.T.S.</b>	<b>World Instructor Training Schools</b>
<b>ACE</b>	<b>American Council of Exercise</b>
<b>ACSM</b>	<b>American College of Sports Medicine</b>
<b>AFAA</b>	<b>Aerobic &amp; Fitness Association of America</b>
<b>AAAI/ISMA</b>	<b>American Aerobic Association International / International Sports Medicine Association</b>
<b>AFPA</b>	<b>American Fitness Professionals and Associates</b>
<b>COOPER</b>	<b>Cooper Institute for Aerobic Research</b>
<b>IFPA</b>	<b>International Fitness Professionals Associations</b>
<b>ISSA</b>	<b>International Sports Science Association</b>
<b>NAFC</b>	<b>National Association for Fitness Certification</b>
<b>NASM</b>	<b>National American Sports Medicine</b>
<b>NFPT</b>	<b>National Federation of Personal Trainers</b>
<b>NSCA</b>	<b>National Strength &amp; Conditioning Association</b>